## NEWBORN FEEDING Checklist

Breastfeeding:

- Nipple Cream
  Nipple Wipes
  Nursing Cover
  Nursing Bra
  Dispensible Breast
- Disposable Breast Pads

Other Essentials

- Bibs (6-8)
- Burp Cloth (6-8)
- Napkin(5-7)
- Dettol Liquid
- Nursing Pillow
- Rocking Chair
- Ottoman

On-The-Go:

- 1 Extra Bottle
- Insulated Bottle Carrier
- □ Formula Dispenser
- Breast Pump Bag
- Milk Storage Container
- Cold Storage Bag
- Post Pumping Ziplock
- Water
- Burp cloth
- 🛛 Bib

Formula Feeding:

- Infant Formula
  I Used: Similac Advance
- Bottles (6-8) I Used:Dr. Brown
- Bottle Covers (4)
- Thermal Water Bottle
- Sterilizer
  - I Used: Philips
- Bottle Warmer I Used: Philips
- Bottle Cleaner Wash I Used: Mee Mee
- Bottle Cleaner Brush I Used: Dr. Brown
- Bottle Drying Rack
- Dishwasher Basket If Applicable

Pumping:

- Breast Pump
- Breast Pump Wipes
- Nursing Pads
- Hot/Cold Pack
- □ Milk storage Bag
- Milk Storage Container
- Cold Storage Bag
- Micro Steam Bags

## I Used: All Medela Products